

PRESS RELEASE

PLAN'EAT marks a major milestone with the launch of its Knowledge Center, a platform centralizing 3 years of research on European food systems

The European project PLAN'EAT, funded under Horizon Europe, proudly announces the launch of its Knowledge Center — a brand-new online platform that brings together all the results, tools, and methods developed since the project began. Open-access and user-friendly, the Knowledge Center transforms three years of research into accessible, actionable insights, laying the foundation for PLAN'EAT's long-term impact beyond its initial four-year duration.

Why a Knowledge Center?

Since September 2022, PLAN'EAT — a consortium of 24 partners across 11 countries — has been conducting groundbreaking research and experimentation on food systems, notably through 9 Living Labs and a strong network of scientific collaborators. The project has generated dozens of reports, comparative analyses, field studies, and methodological tools. While these deliverables were already available online, they often took the form of lengthy, technical documents — sometimes over 50 pages long — that were not easy to navigate for non-experts or time-pressed readers. Yet, PLAN'EAT's findings are relevant not only to researchers but to a wide range of stakeholders across the food system, from policymakers to citizens.

The PLAN'EAT Knowledge Center was created to remove this barrier. It offers clear, visual, and concise summaries focused on key takeaways, while still linking to in-depth documents for those seeking detailed insights.

A Platform to understand and act

Designed for clarity and usability, the Knowledge Center offers two main features:

Discover – Explore PLAN'EAT's findings by key themes:

- Food Environments
- Sustainable Diets
- True Cost Accounting
- Drivers of Dietary Behaviour

Each page includes a 3-minute summary, along with links to full reports and scientific publications.



Replicate – Apply PLAN'EAT's methods with ready-to-use resources:

- Toolkits to run a Living Lab
- Methodological guides
- Field survey protocols
- Examples of reproducible interventions

A Milestone for Long-Term Impact

By centralizing and structuring all project outputs, the Knowledge Center ensures that PLAN'EAT findings remain accessible long after EU funding ends. It encourages dissemination, reuse, and adaptation of PLAN'EAT methodologies by local authorities, institutions, researchers, and citizens across Europe. *“With the Knowledge Center, we're increasing the visibility and accessibility of European food-related research. It's a tool to understand today's food challenges — but more importantly, to take action locally using approaches already tested and validated,”* explains Juliette Soudon in charge of the Knowledge Center at Euroquality.



About PLAN'EAT

PLAN'EAT brings together 24 partners from 11 EU countries, including leading universities, renowned research centres, and specialised non-profit organisations. The project conducts transdisciplinary research aiming to gather most expertise needed for food system transformation; from social, political, and economic sciences to agricultural, food, nutritional, and health sciences. PLAN'EAT's main objective is to foster the transition towards healthy and sustainable food behaviour by understanding underlying factors and drivers and designing effective recommendations, tools, and interventions targeting food system actors. The project implements a systemic and co-creation approach at macro (food system), meso (food environment), and micro (individual) levels. Different socio-cultural and geographical contexts are considered through the implementation of 9 Living Labs (LLs), 5 pan-European Consultation and Working Groups (CGWs), and 1 Policy Lab.

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Access the PLAN'EAT Knowledge Center now:
<https://planeatcenter.com/>

